

MAITREYA'S MADHYĀNTAVIBHĀGA

DISTINGUISHING THE MIDDLE FROM EXTREMES

JU MIPHAM'S TOPICAL OUTLINE

Translated by the Dharmachakra Translation Committee

I. Introductory Material

- A. The meaning of the title
- B. The translator's homage

II. A Summary

- A. Characteristics
- B. Obscurations
- C. Reality
- D. Cultivation of remedies
- E. The bases of this cultivation
- F. Attainment of the fruition
- G. The Unsurpassable Vehicle

III. The Characteristics of Objects of Cognition

A. The characteristics of thorough affliction

- 1. The essence of thorough affliction
 - a. A consideration of the way things are [I.1-2]
 - b. A consideration of the way things appear [1.3-4]
 - c. How to apply these principles
 - i. A presentation of [the false imagination and emptiness] as the meaning of the three natures [1.5]
 - ii. How to access this meaning [1.6-7]
- 2. How affliction occurs
 - a. What causes affliction [1.8-9]
 - b. How affliction occurs [1.10-11]

B. The characteristics of complete purification

- 1. Brief presentation [1.12]
- 2. The characteristics of emptiness [1.13]
 - a. Its synonyms [1.14]
 - b. The meaning of these synonyms [1.15]
 - c. The divisions of emptiness
 - i. The twofold division [1.16]
 - ii. The sixteen-part division [1.17-20]
- 3. Rationale [1.21]

IV. The Obscurations that are Eliminated

- A. General presentation [ii1a-c]
- B. The obscurations that prevent liberation**
 - 1. The actual obscurations [11.1d-2a]

2. How they obscure
- C. The obscurations that inhibit virtue and the rest of the ten qualities**
 1. Brief presentation [iud]
 2. Detailed explanation
 - a. The thirty obscuring factors [114-8]
 - b. The ten obscured qualities
 - c. An explanation of their relationship [III Oa-b]
 3. The ten agentive causes [two interspersed stanzas]
- D. Obscurations that inhibit the three remedies**
 1. Brief presentation [liloc -d]
 2. The obscurations associated with the factors of enlightenment [III
 3. The obscurations associated with the transcendences [11.1
 4. The obscurations associated with the grounds [II
- E. Summary [1117]
- V. The Reality that is Realized**
 - A. Brief presentation [1111**
 1. The reality of the three fundamental and essential natures [111.3]
 2. Characteristics of the three natures
 - B. The eight principles**
 1. The three natures and the true meaning [III.Sc -8a]
 2. The three natures and cause and effect [iiisb-loa]
 3. The three natures and the subtle and the coarse
 - a. The coarse relative [1111 Ob-c]
 - b. The subtle ultimate
 - i. The actual ultimate [111.lod]
 - ii. Its divisions [11111]
 4. The three natures and consensus [111.12a-b]
 5. The three natures and purity [111.12b-c]
 6. The three natures and the summation [11113]
 7. The divisions of the three natures
 8. The ten fields of expertise
 - a. The ten views of self that are eliminated [III 15-16b]
 - b. The ten types of knowledge
 - c. The ten topics and the three natures 111116c -d]
 - C. How to gain expertise in each of these ten fields of knowledge**
 1. The aggregates [111.17 a-b]
 2. The elements [III 17c-d]
 3. The sense sources [III 18a-b]
 4. Dependent origination [1i118c-d]
 5. The correct and the incorrect (fact and non-fact)
 6. The faculties [1i120a-b]
 7. Time [!L1.20c-d]
 8. The truths [11121]
 9. The vehicles [Ilna-c]
 10. The conditioned and the unconditioned [III 22d-f]

VI. The Features of the Path of Practice

A. The thirty-seven factors of enlightenment

1. The four applications of mindfulness on the lesser path of accumulation [IV 1]
2. The four authentic eliminations on the intermediate path of accumulation
3. The four bases of miraculous power on the greater path of accumulation
 - a. Developing the four bases of miraculous power [IV3]
 - b. The five flaws that are eliminated [IVA]
 - c. How to apply their remedy, the eight applications [IVS]
4. The five faculties on the first two stages of the path of Joining [IV6]
5. The five powers on the last two stages of the path of Joining
 - a. The actual [presentation of the five powers] [IV7a-b]
 - b. A summation demonstrating how the powers are linked with the path of Joining [IVlc -d]
6. The seven aspects of enlightenment on the path of seeing [IVS-9b]
7. The eightfold noble path on the path of cultivation [IV.9c-1]

B. The three phases [IV.11 c -12b]

C. What distinguishes the Bodhisattva's path

VII. The Phases of the Path

A. Nine phases

1. The actual phases [IV.13]
2. How they are classified [IV 14-1Sa]

B. Three phases [IV1Sb-16b]

VIII. The Results of the Path

A. The five results {Iv' 76(-7 7b)}

B. The perspective of the path {Iv' 77c-18}

IX. The Unique Approach of the Great Vehicle

A. Brief presentation [V. 1 a-c]

B. Unsurpassable practice

1. Brief presentation [V 1 d-2c]
2. **The eminent practice**
 - a. The twelve forms of eminence [V.2d-4b]
 - b. The ten transcendences
 - i. Brief presentation [V.4c -d]
 - i. The essence of the transcendences [V.S]
 - ii. Their function [V6]
3. **Directing the mind**
 - a. The three types of knowledge
 - b. The function of the three types of knowledge [V.Sa-b]
 - c. The ten Dharma activities

- i. Brief presentation [V.8c -d]
 - i. The essence and benefits of the ten Dharma Activities [V.9-lob]
 - ii. The Dharma activities of the Great Vehicle [V.1 Oc -d]
- 4. The practice of concordant factors**
 - a. Brief presentation [V IIa-b]
 - b. Undistracted calm abiding [V.I1c-12]**
 - c. Unmistaken insight**
 - i. Brief presentation
 - ii. Ten ways of being unmistaken**
 - Syllables, the medium for expression [V 14];
 - Meaning, which is imaginary and lacks any nature [V 15];
 - Mental activity, awareness of the dependent nature [V 16];
 - Freedom from Conceptual Constructs
 - Specific characteristics [V.1S];
 - General characteristics [V 19];
 - Impurity and purity;
 - The adventitious;
 - Fearlessness;
 - Absence of conceit
 - d. The Ten Vajra Statements
 - e. Eliminating dualistic extremes
 - i. The first set of seven [V23-24J]
 - ii. The second set of seven
 - Brief presentation [V.2Sa-b]
 - Detailed explanation [V.2Sc-26]
 - f. The practice of the specific and the general [v27a-b]
- C. Unsurpassable observation {v'27e -28]**
- D. Unsurpassable true accomplishment [V.29]**

X. The Conclusion

- A. The difficulty and great qualities of the treatise
- B. The colophons of the author and translators
- C. The commentator's colophon