

THE SADHANA OF MAHAMUDRA

WHICH QUELLS THE MIGHTY WARRING OF THE THREE LORDS OF
MATERIALISM AND BRINGS REALIZATION OF THE OCEAN OF SIDDHAS OF
THE PRACTICE LINEAGE

VIDYADHARA THE VENERABLE CHOGYAM TRUNGPA RINPOCHE

NAMO%

Earth, water, fire and all the elements, %
The animate and the inanimate, the trees and the greenery and so on, %
All partake of the nature of self-existing equanimity, %
Which is quite simply what the Great Wrathful One is. %

In the spontaneous wisdom of the trikaya %
I take refuge with body, speech and mind. %

In order to free those who suffer at the hands of the three lords of materialism %
And are afraid of external phenomena, which are their own projections, %
I take this vow in meditation. %

MANJUSHRI SUPPLICATION

Whatever the virtues of the many fields of knowledge
All are steps on the path of omniscience.
May these arise in the clear mirror of intellect.
O Manjushri, please accomplish this.

This was specially composed by Mangala (Dilgo Khyentse Rinpoche). Translated by the Nalanda Translation Committee

DEDICATION OF MERIT

By this merit may all obtain omniscience,
May it defeat the enemy, wrong-doing.
From the stormy waves of birth, old age, sickness and death,
From the ocean of samsara, may I free all beings.

By the confidence of the golden sun of the great east,
May the lotus garden of the Rigden's wisdom bloom,
May the dark ignorance of beings be dispelled.
May all beings enjoy profound, brilliant glory.